

MEET DAY SCHEDULE:

7:00-8:50 warm-up
 8:15 Check-in closes are due to meet operator
 8:50-9:00 Block start practice
 8:45 Coaches meeting
 9:00 Opening Ceremony
 Meet starts immediately after

AGES:

9-18 years of age.
 Heats will be seeded by entry time regardless of age, but awards and high point awards will be divided into the following age groups:
 9&10, 11&12, 13&14, 15-18.

Relays will all be mixed and can be in the form of 4 girls, 4 boys or mixed 2 girls/2boys and will be awarded in those divisions by age group.

Age group is determined by the swimmers' actual age as of November 14, 2015

ENTRIES:

Maximum 4 individual events and 2 relay events per swimmer

Individual events: ¥400 per event
 Relays: ¥1000 per relay team.

Entry deadline is October 24, 2015. Late entries will not be accepted.

REFRESHMENTS:

There will be a concessions table set outside of the swimming pool in the hallway selling food and drinks for allswimmers and spectators.

SPECIFICATIONS:

- 25 meter indoor pool with 5 lanes with anti-wave lane ropes and Colorado touchpads and timing system.
- Hytek Software and use of Meet Mobile app for smartphones.
- No clerk of course or marshaling will be available at this meet.
- Deck cards will be given to coaches or team parent prior to meet start. Swimmers (with help from their coaches/parents) will be responsible for getting themselves to the block with their deck card in hand.
- Swimmers must have a deck card to hand to the timer in order to swim their event. Relay teams: One deck card will be issued for the 4-person relay team.

SCORING:

1st-20pts, 2nd-17pts, 3rd-16pts, 4th-15pts, 5th-14pts, 6th-13pts, 7th-12pts, 8th-11pts, 9th- 9pts , 10th- 7pts, 11th- 6pts, 12th-5pts, 13th- 4pts, 14th-3pts, 15th-2pts, 16th-1pt.

Relay points are worth double. Top 4 finishers from each team are able to score points in both individual and relay events.

AWARDS:

All events: Ribbons for 1st-6th place

High Point Awards: Trophies for 1st/2nd/3rd place highest point scorers in each age group

Top Team Plaques: 1 plaque each awarded for overall points for Top Male team and Top Female team.

FINA Point Award: Awarded to the Top Male and Top Female FINA point scorers.

EVENT LIST:

50 free (all ages)	200 breast (13 & up)
100 free (all ages)	50 back (9-12)
200 free (11 & UP)	100 back (all ages)
400 free (13 & up)	200 back (13 & up)
50 fly (all ages)	100 IM (9-12)
100 fly (all ages)	200 IM (13 & up)
50 breast (9-12)	200 free relay
100 breast (all ages)	200 IM relay

*All events will be mixed and seeded by entry time, but awarded by age group and gender. Mixed relays can consist of 4 girls, 4 boys, or mixed gender 2 boys/2 girls and will be awarded in those divisions.

T-SHIRT:



Invitational souvenir T-shirts will be sold at the meet. ¥2000 per t-shirt.