



28th Annual Fighting Fish Santa Claus Swim Meet

28th & 29th November 2015

Meet Information Packet

The Fighting Fish Swim Team Singapore will host its' 28th Annual Santa Claus Swim Meet. This is a 2 day meet and is a lot of fun for swimmers who have the opportunity to compete against their peers from international schools in the region.

VENUE

The meet will be held at the Singapore American School Campus, High School Pool. This is an 8 lane, 25 metre pool.

MEET ENTRY DEADLINE

The Meet Event List (PDF) and the Team Manager (TM) Meet Entry File are both attached to this email.

All entries must be submitted in Team Manager, (TM) format to swim.coach02@gmail.com by **5:00pm on Friday 13th November 2015**. Late entries will not be accepted.

If you do not have the (TM) software you can download the free version from the Hy-Tek website to submit your entries.

REGISTRATION & ENTRY FEE

Registration and entry fee per swimmer is \$75.00 SGD (Singapore Dollar Only). The meet fee includes a Meet T-shirt and a Meet cap per swimmer.

We will forward a t-shirt sizing chart for you to order shirts for your swimmers over the coming weeks.

Please consolidate all fees as a team. You may settle payment by cash or check payable to **SACAC** on the day of the meet. Please make payment of your meet fees at the MS Athletics Office prior to 7:00am on the Saturday morning of the event.

Alternatively, if you would like to pay by wire transfer, please contact us for the account details. If you pay by wire transfer, the meet fees must be received before the start of the meet.

Entry fees will be based upon number of swimmers entered as of 5:00pm Friday 20th November 2015.

MEET DETAILS

- Athlete age is as of day of meet 28th November 2015.
- Each swimmer may enter a maximum of 4 individual events and 2 relays.
- Athletes may swim up in relays, but the limit is still 2 relay swims.
 - The 100/200M Freestyle Relays will be offered on Saturday

- o The 100/200M Medley Relays will be offered on Sunday.
- o For the 13 & Over Relay Events (51-52, 77-78), please submit teams as 13-14 and 15 & Over.

We are required to collect a signed waiver for **EACH** participating swimmer. These can be submitted via post/fax/email and are due **by 5:00pm Friday 13th November, 2015**. Any swimmer that has not submitted a signed waiver will not be able to swim.

Please submit all waivers to the following address:

C/O SACAC

RE: Fighting Fish Santa Claus Meet

40 Woodlands Street 41, H216

Singapore 738547

Phone: (65) 6363 6454

Fax: (65) 6368 9757

Email: sports@sacac.com

ESTIMATED MEET SCHEDULE

Saturday

6:45am	Pool Opens for Warm-Ups
7:30am	Deadline for Relay Information
	Deadline for Scratches
8:00am	Parade of Teams
8:15am	Marshall First Events
8:30am	Meet Starts
5:00pm	Day 1 (events 1-52) finishes**

Sunday

6:45am	Pool Opens for Warm-Ups
7:30am	Deadline for Relay Information and Scratches
8:00am	Marshall First Events
8:15am	Meet Starts
2:00pm	Day 2 (events 53-78) finishes**
	Awards Ceremony

This schedule is an estimate based on previous events and is subject to final swimmer count and possible weather delays.

We do our best to run an efficient meet; we need you and your team to be on time for meetings, events and relays in order for this to happen.

***Coaches are advised to be aware of this when scheduling travel arrangements. We recommend booking your return flight no earlier than 4:00pm on Sunday.*

VISITING TEAM TIMER VOLUNTEERS

We will request visiting teams to assist with timing in Lanes 7 & 8. The exact number of timers needed per team will be determined after all entries have been received. Details will be emailed to you at that time.

WARM UP ASSIGNMENTS

- Warm up lane Assignments to be sent out 1 week prior to the meet.

- The Warm up lane assignments will be posted outside the Control Room at the High School Pool each morning.
- Please remind your swimmers no standing or climbing on the touch pads and no sitting or hanging on the lane ropes.
- Swimmers must exit the pool from the sides at the touch pad end of the pool.

OFFICIAL RULES

The meet will adhere to FINA rules. Two start rule will be enforced. DQ's will be NOT announced but will be published. We will be doing fly over starts for all events except 6 & under age group events. Please make sure to explain and demonstrate this to your swimmers prior to the meet.

AWARDS

Individual Awards:

- **Medals** will be awarded to 1st, 2nd and 3rd Place Event Winners.
- **Ribbons** will be awarded to 4th-8th Place Event Winners.
- **1st-In-Heat** ribbons will be awarded to individual Heat Winners.
- **Individual High Point Trophies** will be awarded to the boy and girl who accumulates the most individual points in each age group (6 & U, 7-8, 9-10, 11-12, 13-14, 15 & O)

Please note:

- *There is NO limit on how many swimmers from each team can score points toward the INDIVIDUAL High Point totals.*
- *Additionally, while the 13-14 and 15 & over age categories will swim together, they will be broken out for individual and team scoring including relays.*

Team Awards:

- **Overall Team High Point Trophy** will be awarded to the team with the highest overall team score
- **Overall Team High Point-Visiting Team Trophy** will be awarded to 3 visiting teams with the highest overall team score

Please note:

- *ONLY 2 swimmers per team per event may score points towards the OVERALL Team High Point scores.*

MARSHALLING AREA

- Coaches may accompany 10 & under swimmers in the marshalling area as needed.
- Coaches are **required** to be in the marshalling area during relay marshalling.
- When an event is marshalled, the swimmers will report to the marshalling area at the starting block end of the pool.
- Swimmers and coaches who are not marshalling are not to congregate near the marshalling area.
- Balls, Frisbees, video games, etc. are NOT allowed in the marshalling area.
- Parents are requested to stay clear of the marshalling area.

CAFETERIA

- The High School Cafeteria will be open for swimmers and parents to purchase drinks, snacks, and lunch. The High School Cafeteria is located opposite the Athletics track, a short distance from the High School Pool.
- Please note, Singapore \$\$ (SGD) is needed to purchase food. An ATM is located on campus.

SWIMSUIT GUIDELINES

In the interest of equal opportunity, fair and equitable competition, and to prevent the deterioration of swimming skill development it has been determined that guidelines for swimsuits for Age Group Events are required.

- All swimwear worn by competitors in Age Group Events (18 and under) shall be commercially available products.
- Swimwear worn by competitors in Age Group Events shall conform to the following design:
 - Men’s swimwear is limited to one (1) swimsuit that covers at most the body surface from hips to knee. Swimwear must not extend above the waist or below the knees**;
 - Women’s swimwear is limited to one (1) swimsuit that is of “open back” and “open shoulder” designs that may extend down to the knee. Swimwear must not extend below the knees**.
 - Swimwear must not have a zipper or any type of fastening system**.

**Swimsuits will be approved if more body coverage is required for religious or personal reasons. Should this need arise please apply for approval in writing to swim.coach02@gmail.com at least one week notification before the commencement of the meet.

Following FINA’s announcement on swimwear approval on May 19 2009, **only FINA approved swimwear will be worn at Fighting Fish events**. Swimmers must wear one of the 202 swimsuits currently approved by FINA. Swimmers may not wear one of the 136 that need modifications, or the 10 that have been banned.

The complete list of approved swimsuits can be found on the FINA official website at www.fina.org. We strongly encourage all coaches to check this list before attending the meet and review with their teams.

HEALTH & SAFETY

Singapore American School’s pools are outdoor pools. Events in these pools are subject to weather.

In the event of lightening, the SAS lightning alarm system will sound, the meet will be stopped, and swimmers and parents will be asked to take cover in specified dry areas such as the swimmer’s gym or under the overhang at the marshaling end of the pool. Swimmers will not be allowed in the pool until the area is clear of lightning.

First aid personnel will be onsite throughout the meet. Swimmers who are bleeding or nauseous will be subject to the Fighting Fish procedure for medical clearance and may not be allowed to swim if the condition is determined to be serious.

SAS MEET LOCATION/CAMPUS MAP

The 2015 Santa Claus Meet will be held in the High School pool of the Singapore American School. The High School pool is located near the running track and stadium field. Directions to the Singapore American School can be found on the school’s website <http://www.sas.edu.sg/about/directions.html>.

TEAM BUSING

To arrange busing for your team to/from SAS, please contact our school’s bus company, YEAP Transport at sas@yeaptpt.com or Mr. Alan at +65 9831 1966.